APPENDIX: A

INITIAL SELF-ASSESSMENT

Leadership	
Why do you want to become a leader?	
What does leadership mean to you?	
Self-Awareness	
How well do you recognize and manage your emotions, especially under stress?	
Can you identify your strengths and areas for improvement?	
Communication	
How effectively do you communicate your expectations to your team?	
How do you adapt your communication style for different situations?	
Decision-Making	
How comfortable are you in making difficult decisions under pressure?	
What steps do you take to gather input from others?	
Delegation and Empowerment	
How do you ensure that team members have the necessary support to complete tasks?	
How do you empower them to take on leadership within their roles?	
Empathy	
How do you demonstrate empathy and understanding to team members, particularly during challenging times?	
Accountability	
How do you model accountability in your work?	
Give an example where you admitted a mistake and took responsibility.	
Adaptability	
Describe a time when you had to adjust your approach in response to feedback or a change in circumstances.	
How did you support your team through this transition?	

PERSONAL DEVELOPMENT ROADMAP

WHAT ARE THE NEXT STEPS?

Welcome to your Personal Development Roadmap! This tool is designed to help you set goals, track progress, and grow in your role as a new supervisor.

INSTRUCTIONS: Use the blank spaces to outline goals and strategies. Think about specific areas you want to focus on, such as communication, leadership, time management, or conflict resolution.

1. **FOSTER SELF-RESILLIENCE & WELL-BEING**
2. **SEEK MENTORSHIP & CONTINUOUS LEARNING**
3. **ENHANCE COMMUNICATION & TEAM DYNAMICS TO PROMOTE GROWTH**
4. **SET PERSONAL AND TEAM GOALS**
5.
6.
7.

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